

GUT, SKIN HEALTH & DERMATOLOGICAL CONDITIONS

The insights shared in this article have intriguing implications for the use of probiotics as a potential therapeutic approach, particularly in the context of dermatological conditions such as eczema and psoriasis.

With respect to eczema, the article highlights the growing recognition of the gut microbiome's role in skin health. Probiotics, as agents aimed at modulating gut microbiota, could hold promise in managing eczema symptoms. Clinical studies could be designed to investigate the effects of specific Probiotic strains on both Gut and Skin Health in individuals with Eczema. Specific studies have been done that study the changes in Gut Microbial composition, Immune responses, and the severity of Skin symptoms following Probiotic supplementation. Long-term studies tracking Eczema progression alongside Gut Microbial shifts could provide valuable insights into the potential benefits of Probiotics in Eczema management.

In the case of Psoriasis, the concept of the Gut-Skin axis suggests that targeting Gut Health through probiotics might influence skin outcomes. Clinical research suggests that the effects of Probiotic interventions on the Gut Microbiome and Immune responses in Psoriasis patients is the future to managing this condition. Studies might explore whether specific Probiotic strains can modulate inflammatory pathways relevant to Psoriasis. By measuring both Gut and Skin parameters, researchers could establish a clearer link between Probiotic-induced Gut changes and improvements in Psoriasis symptoms.

As regards specific Probiotic strains, the diversity of the very unique Smart Skin 12 Strain Probiotic is core to effecting not only the Gut but also the Skin in this multi strained approach, very unique in the South African market place.

The Big Difference!

Imsyser's Probiotic, unlike freeze-dried products in the marketplace are fermented at body temperature and contains the full range of natural enzymes, lactic acid and live bacteria necessary to restore health from within the mouth to the end of the colon for optimum digestive balance and full body health, ensuring its position as one of the best, totally unique Probiotics in the market-place. Being liquid and raw you cannot get a Probiotic any closer to its Natural state:

- 100% NATURAL
 - GMO FREE
 - VEGAN FRIENDLY
 - SOY FREE
 - GLUTEN FREE
 - LACTOSE FREE
 - DAIRY FREE
 - NON-FREEZE-DRIED
 - FERMENTED
 - BIO-AVAILABLE
-
- ✓ A DAILY PROBIOTIC SUPPLEMENT that scientific studies have proven we just cannot do without any longer!!
 - ✓ A DAILY PROBIOTIC SUPPLEMENT that restores vital bacteria no longer provided by modern diet!!

- ✓ A DAILY PROBIOTIC SUPPLEMENT providing natural bacteria needed for good health and growth in adults and children!!
- ✓ A DAILY PROBIOTIC SUPPLEMENT that regulates and aids sensitive digestive tracts and digestive orders!!

WHAT EACH SPECIES CAN DO FOR YOU:

- Bifidobacterium Animalis which aids the gut with digestion, obesity control, improves your skin's appearance, helps to boost the immune system and prevents colds and flu.
- Bifidobacterium Bifidum helps with diarrhoea by providing the good bacteria back into the system, it works to strengthen the immune system and helps with candida.
- Bifidobacterium Longum is a species which aids with allergies, diarrhoea, Irritable Bowel Syndrome (IBS), Celiac and the immune system.
- Lactobacillus Acidophilus is great to deal with IBS, diarrhoea, immunity, urogenital infections and allergies.
- Lactobacillus Bulgaricus is aimed at helping the liver function optimally, helps with Inflammatory Bowel Disease (IBD), colds and flu, diarrhoea, skin conditions, allergies and even colic.
- Lactobacillus Casei is used to boost the immune system, prevent colds and flu through strengthened immunity and help with symptoms of diarrhoea.
- Lactobacillus Fermentum helps to have a boosted immune system, hold off urogenital infections, healthy liver functioning and cholesterol control.
- Lactobacillus Plantarum assists with IBS pain and symptoms, prevents colds and flu and boosts the immune system.
- Lactococcus Lactis SSP. Diacetylactis helps to improve the appearance of one's skin and helps conditions such as eczema and acne, while improving the immune system, easing allergies and helping with symptoms of IBS.
- Bacillus Subtilis is a species which helps to ease constipation, deals with IBS, improves the immune system and symptoms associated with diarrhoea.
- Saccharomyces Cerevisiae simply packs a punch by helping with digestion and immunity.
- Streptococcus Thermophilus has the function to help digest food properly and efficiently, aid with diarrhoea, eases IBS problems and symptoms, improves the immune system and helps to ease colic.

Add a unique blend of natural herbs to this equation as super antioxidants to both the Gut and the Skin and you have a winner!

Considering cosmetic and personal care products, the potential impact of Probiotics on the Skin-Gut axis is being explored and the benefits seen in the product ranges recently developed for Smart Skin

using the Imsyser Proprietary blend Probiotic. Further clinical trials could assess whether topical application of Probiotics in Skincare formulations influences Gut Microbial diversity and composition. Such studies might also be used to investigate whether Probiotic-infused Skincare products have any unintended effects on the Gut Microbiome in the Gut-skin axis, a more recent term used in the Skincare industry. These studies could shed light on the bidirectional interactions between the Skin and Gut and offer insights into innovative ways to promote skin health through Probiotics.

Incorporating Probiotics into the management of dermatological conditions aligns with the holistic approach implied by the Gut-Skin axis. By conducting well-designed clinical trials that explore the effects of Probiotics on both Gut and Skin health, researchers have the opportunity to uncover new therapeutic strategies and enhance our understanding of the intricate connections between these systems.